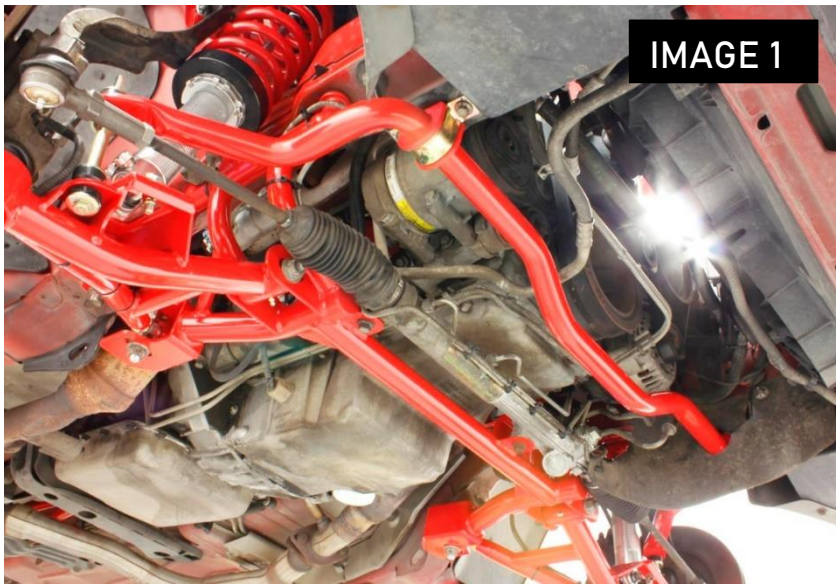
3rd/4th Gen F-Body Front Sway Bar Installation Instructions

TOOLS REQUIRED:

- Hydraulic jack and jack stands (or service lift)
- Standard and Metric Wrenches and Sockets

INSTALLATION:

1. Lift the vehicle and safely support it under crush panels. Remove wheels/tires.
2. Using a 13mm wrench and socket, remove the nuts from the sway bar end links and remove the end links.
3. Using a 13mm socket, remove the nuts from the saddles that mount the sway bar to the sway bar bracket. Remove the OE sway bar.
4. Using the supplied silicone lube, lube the insides of the polyurethane bushings. Slide the bushings over the BMR sway bar then install the saddles over the bushings.
5. Fit the sway bar loosely to the sway bar brackets and make sure the center arch droops downward to clear the balancer as in **IMAGE 1.**
6. Install the end links through the factory mounts on the control and down through the sway bar.
7. Torque the sway bar brackets to 40ftlbs and tighten the sway bar end links until the bushings deform and are the same diameter as the cap washers as in **IMAGE 2**
8. Before setting the car on the ground, be sure to lubricate the grease zerks with synthetic grease.





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