RSK359 - Rear Suspension Kit For 15" Conversion Kit

2010-2015 Camaro

TOOLS REQUIRED:

- Hydraulic Jack and Jack stands
- 3/8” drive ratchet
- Wrenches: 15 mm, 18 mm, (x2) 21 mm, 5 mm Allen wrench
- Sockets: 18 mm socket, 21 mm
- 1” wrench
- Torque wrench

INSTALLATION:

1. Lift the vehicle until the wheels are off the ground. Support the vehicle with jack stands underneath the frame rail.
2. Remove the rear wheels from the car.

NOTE: Installation of the trailing arms is much more straightforward with the wheels/tires removed; however, it is not necessary to do so.

3. Start disassembling the outer trailing arm bolt. Hold the nut with an **18 mm wrench** and loosen the bolt using an **18 mm socket**. **See FIGURE 1**



FIGURE 1

This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, Buyer assumes all risk of any damage caused to the vehicle or person during installation or use of this product.

4. Using an **18 mm socket**, loosen the inner trailing arm bolt on the chassis side.

5. Remove both bolts and remove the trailing arm.

NOTE: The outer bolt can only be removed if the suspension is in the full droop position.

6. Use the stock arm to adjust the BMR Trailing Arm to the OE length.

7. Install the BMR trailing arm back into the original position and insert the bolts. **See FIGURE 2**



8. Torque the inner and outer trailing arm bolts to **80 ft-lbs** using an **18 mm socket**.

9. Repeat steps 2-7 on the opposite side.

10. Tighten the ¾" jam nut on the rod end using a **1" wrench**.

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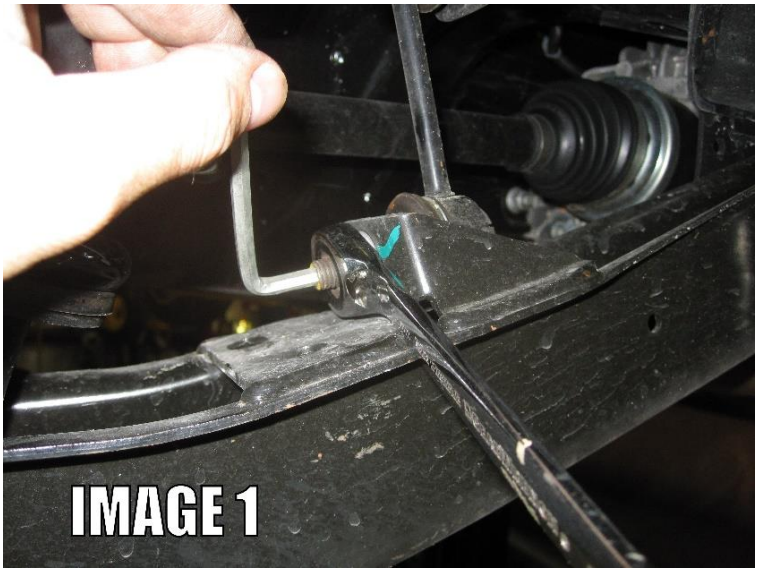
LOWER CONTROL ARM INSTALLATION:

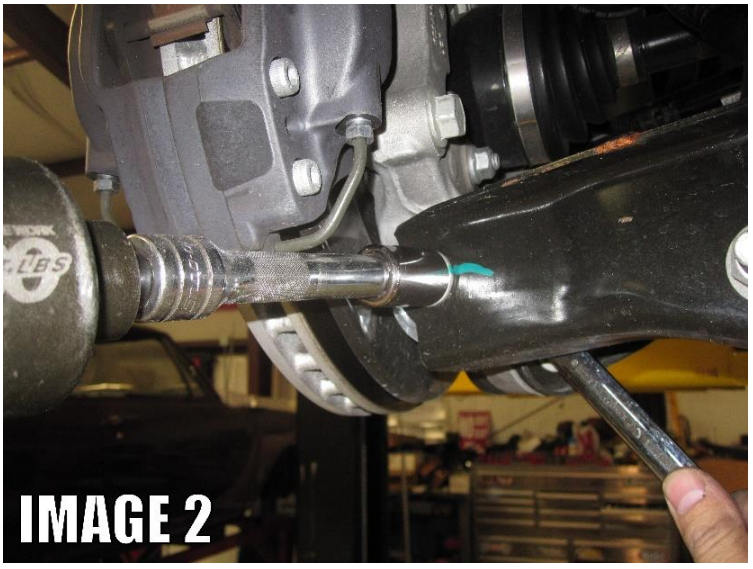
1. Mark your eccentric bolt using a marker or paint pen to keep your car's factory settings. **IMAGE 0**

2. Using a **15 mm wrench** and a **5 mm Allen wrench**, remove the nut on the sway bar end links as shown in **IMAGE 1**.

3. Next, remove the outer control arm bolt using an **18 mm socket** and an **18 mm wrench**. **See IMAGE 2**





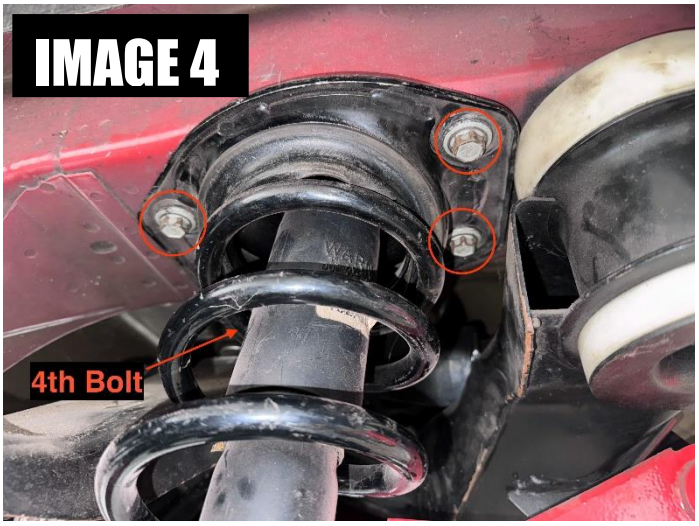


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4. Remove the lower control arm shock cross-bolt using a **21 mm wrench** and **21 mm socket**, as seen in **IMAGE 3.**

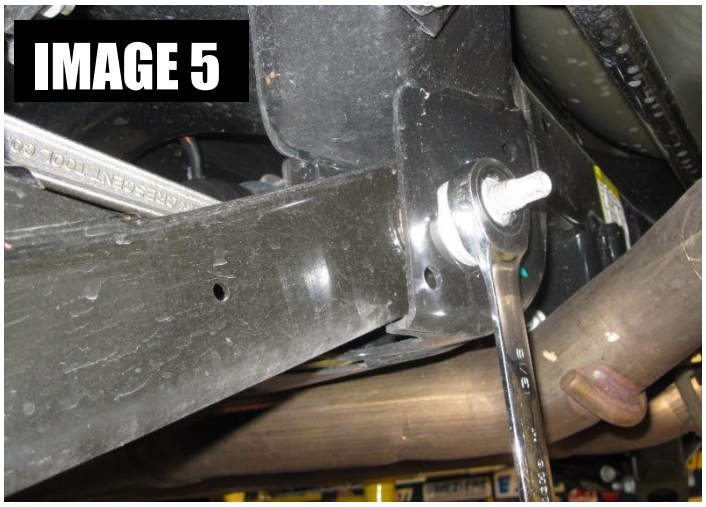
NOTE: While removing the control arm at this point is possible, loosening the (4) upper shock mounts using a **15 mm socket** is easier. This releases the shock tension, and the control arm will come out much easier. **IMAGE 4**





5. Using **(2) 21 mm wrenches**, remove the chassis side lower control arm bolt. See **IMAGE 5**

6. Remove the OE control arm from the vehicle.



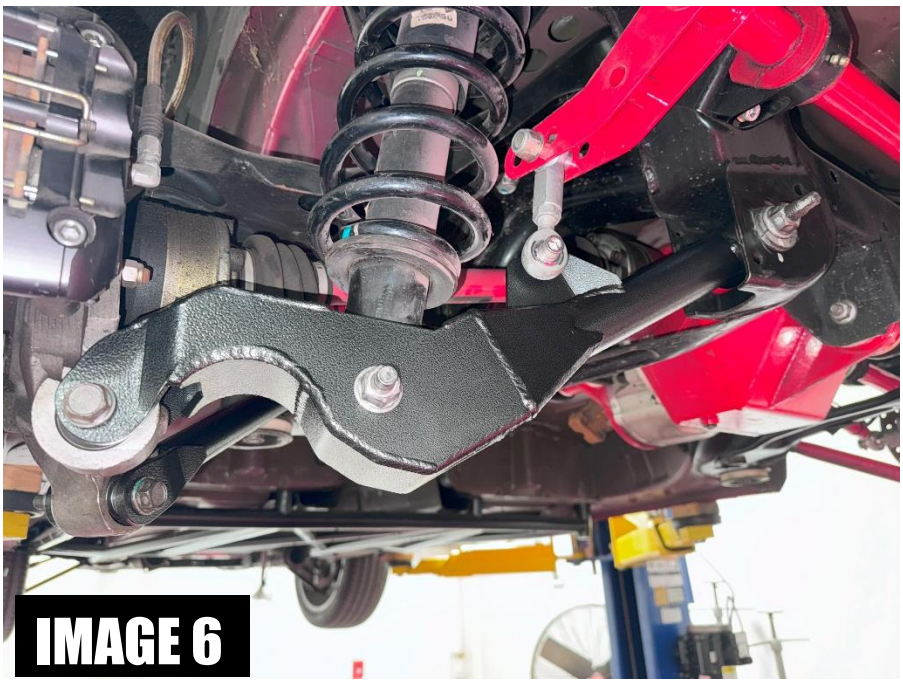
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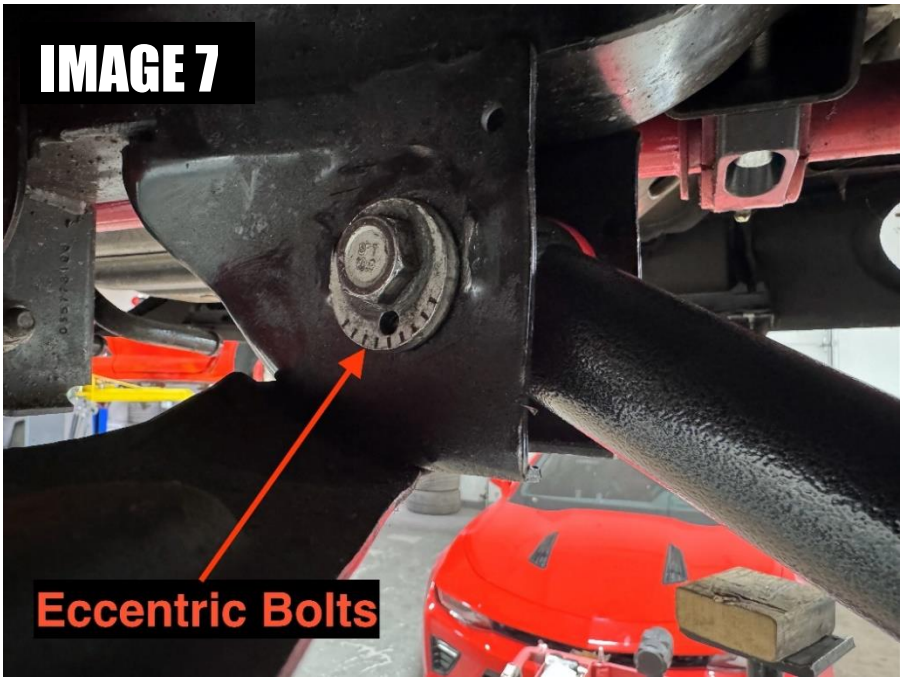
7. Install the BMR control arm and insert all the appropriate bolts on the inner and outer of the control arm, but do not tighten them yet. **IMAGE 6**

8. Install the lower control arm shock bolt and torque to **148 ft-lbs** using a **21 mm socket.** Then, torque the (4) upper shock mount bolts using a **15 mm socket** to **43 ft-lbs. IMAGE 6 & 4**

9. Using the mark you made before you started, line up the two marks drawn on the chassis and the eccentric bolt. **IMAGE 7 & 0**

10. Once the marks line up, torque the outer control arm bolt to **93 ft-lbs** using an **18 mm socket** and the inner control arm bolt to **85 ft-lbs** using a **21 mm socket and wrench.**





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11. Install the end link bolt back into the lower control arm and torque to (**40 ft-lbs for ELK006)** and **(35 ft-lbs for ELK356)**. See **IMAGE 8**





12. Replace the rear wheels and lower the vehicle.

13. Take the car to a reputable alignment shop for a 4-wheel alignment.

BMR recommends the following alignment specs:

STREET/STRIP PERFORMANCE	PRO PERFORMANCE
Front camber: -.2 to -.6 max degrees	Front camber: -.2 to -.6 max degrees
Rear camber: 0 to +.4 degrees	Rear camber: +.4 to +1 degrees
Front toe: -1/16”	Front toe: -1/16”
Rear toe: -1/16”	Rear toe: -1/16”
Front caster: 7 to 8.5 (OE not adjustable)	Front caster: 7 to 8.5 (OE not adjustable)

Note when adjusting the length of your Adjustable Trailing Arms:

For aggressive alignment settings, altering the length of the various arms that make up your suspension may be necessary. Lengthening or shortening one arm often requires the user to do the same to the other arms in the suspension to prevent binding or achieve a desired alignment specification. BMR offers adjustable versions of its Trailing Arms, Lower Control Arms, and Toe Rods.

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Attention: Polyurethane and Delrin bushings must be properly lubricated with a full synthetic grease only

A full synthetic grease must be used to lubricate the inner sleeve via the grease fitting, contact points such as the outside faces of the polyurethane bushing must also be greased. We recommend Green Grease/Super Lube full synthetic grease for best results.



Do not install bushings dry. Lack of proper lubrication may cause squeaking, binding, premature wear, reduced performance, or damage to the bushings and related components. Bushings should be inspected and re-greased as needed, especially in harsh driving conditions or high-use applications.

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